

# **SUPPORT SERVICES**

**000 (emergency)**

**Rural Link: 1800 552 002**

**Mental Health Emergency Response Line: 1300 555 788**

**Suicide Call Back Service: 1300 659 467**

**Lifeline: 13 11 14**

**Lifeline Text Service: 0477 13 11 14 (only available 6:00 pm to 10:00 pm EST)**

**Beyond Blue: 1300 224 636**

**Kids Helpline: 1800 551 800**

**headspace (9am till 1am EST): 1800 650 890**

**Samaritans Crisis Line: 135 247**

**The Salvation Army: 1300 363 622**

**Crisis Care (Child Protection & Family Support): 1800 199 008**

**Reachout: [www.reachout.com](http://www.reachout.com)**

**Mensline: 1300 789 978**

**Grief Line (midday to 3am EST): 1300 845 745**

**Alcohol & Drug Support Line: 1800 198 024 or 9442 5000**

**Parent and Family Drug Support Line: 1800 653 203 or 9442 5050**

**Narrogin & Upper Great Southern Domestic Violence Helpline 1800 007 570**

**Wheatbelt Domestic Violence Helpline 1800 353 122**

**Women's Domestic Violence Helpline: 1800 007 339**

**Men's Domestic Violence Helpline: 1800 000 599**

**1800 RESPECT: 1800 737 732**

**Elder Abuse Helpline WA - 1300 724 679**

**Suicide Bereavement Service: 0474 076 849**

**Sexual Assault Referral Centre: 1800 199 888**

**HealthDirect: 1800 022 222**

## **Holyoake**

**Northam: (08) 9621 1055**

**Narrogin: (08) 9881 1999**

**Merredin: (08) 9081 3396**

**Victoria Park: (08) 9416 4444**

**Midland: (08) 9274 7055**

**Freecall: 1800 447 172**

**WACHS Wheatbelt Mental Health Service – (08) 9621 0999**

